

Retirement Planning: Retirees – A list of Government Services and Benefits

RETIREMENT PLANNING

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Need for retirement planning in Canada

As more and more Canadians are entering their golden years and heading into retirement, it is important to remember that seniors in this country are eligible for many benefits, services and programs on a federal, provincial and municipal level. Once you arrive at the age of 65, you are legally a senior in Canada and are privy to the Government of Canada's website dedicated to information for seniors. These websites are also a great tool to assist Canadians with retirement planning.

Government Of Canada – Website for Seniors

Government of Canada / Gouvernement du Canada

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Home → **Seniors**

Information for Seniors

Federal, provincial and territorial resources

Click on your province or territory below to access federal and provincial or territorial resources available in your region.

AB | BC | MB | NB | NL | NS | NT | NU | ON | PE | QC | SK | YT

British Columbia | Alberta | Saskatchewan | Manitoba | Ontario | Quebec | Newfoundland and Labrador | Yukon | Northwest Territories | Nunavut | Prince Edward Island | Nova Scotia | New Brunswick

Contact us
To speak with an agent for more information, call 1 800 O-Canada (1-800-622-6232) or visit the Contact us page.

Service Canada
Visit Service Canada for information about Government of Canada programs and services, including Old Age Security and the Canada Pension Plan.

211 Canada
Call 2-1-1, or visit their website, for information about government and local community programs and services. Available 24 hours a day in over 150 languages. (Sponsored by the United Way Centraide and other partners.)

Benefits Finder
Use the Benefits Finder to get a list of programs and services that are specific to your individual circumstance, such as your age, health or housing status.

Tax information
Visit the Canada Revenue Agency for information about federal tax credits and benefits for seniors.

Seniors: Active, engaged, informed
Find resources and information to stay healthy, involved in your community and informed about available services and benefits.

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<http://www.seniors.gc.ca/eng/pie/saei/index.shtml>

This website allows you to choose your province of residence and provides you with an array of information including provincial programs for seniors, federal benefits and pensions as well as federal tax information, application instructions and forms for Old Age Security (OAS) and Canada Pension Plan (CPP).

Benefits

The website also gives you access to a Benefits Finder tool, which allows you to receive a customized list of benefits that pertain to your personal situation and eligibility by answering a short list of questions. Each province and situation has different eligible benefits and by answering these questions, you can have a good sense of what you and your dependents are qualified for.

<http://www.canadabenefits.gc.ca/f.1.2cw.3zardq.5esti.4ns@.jsp?lang=eng>

Physical activity, healthy eating and maintain a healthy home

There is even an information guide on the website giving tips and advice for seniors to stay active, engaged and informed. This includes advice for physical activities, healthy eating and maintaining a safe and healthy home.

<http://www.seniors.gc.ca/eng/pie/saei/index.shtml>

Tax information

One of the links on this website is Tax Information from the Canadian Revenue Agency (CRA). This link provides seniors with specific information related to filing taxes as a senior, including CPP and OAS information as well as medical expenses and many other common topics pertaining to seniors and their taxes.

<http://www.cra-arc.gc.ca/seniors/>

Please make sure to take advantage of this informative tool for seniors. Whether you are entering your golden years yourself or you are helping a senior with retirement planning, it is always good to stay ahead of the game and be prepared to enroll in the benefits and services/programs that the Canadian government has to offer.